



Spiritual Direction Agreement

This information is intended to provide a general overview as to how we will work together in the process of spiritual direction.

Our Relationship

You have asked to meet with me as your spiritual director to help you explore more deeply your own spiritual life and your relationship with God. In response to your request, I am privileged to serve as your companion on this holy and sacred journey. When we meet, there will always be three of us in the room — you, the Holy Spirit and me. As your companion, my role is to facilitate the relationship between you and God — and so the focus of our work will always be on you and God.

There may be times when psychological, relational and/or financial issues may surface. I am not a psychologist, psychiatrist, therapist or financial advisor and will not provide, or attempt to provide, advise or counsel on these matters. I may, however suggest you speak with a professional in any of those fields to appropriately address the issues that may arise in those areas.

Confidentiality

Our conversations will be held in strictest confidence. On occasion, I may confidentially discuss aspects of our meeting with my supervisor, who is trained specifically to supervise spiritual directors. Your name and identity would remain anonymous. Otherwise, I will not reveal the content of our discussions unless I am required to do so by law or court order. You are not bound by confidentiality and may share whatever you choose to about our conversations with anyone.

Meetings

In the spirit of respect, we agree to begin and end our meetings on time. If you wish to cancel or change your meeting time, I ask that you provide 24 hours notice, via telephone or email, prior to our scheduled meeting. If you would like to adjust our meeting arrangements (make them less or more frequent: extend time for meeting) we will discuss our ability to do so. If you need to speak with me outside of our regular meeting times, you may contact me and I will attempt to reach you as soon as possible.

Fee

Spiritual Direction is both a ministry and a professional service. A fee range schedule will be discussed at our first meeting. A person's ability to pay will not be an obstacle to his/her opportunity to participate in this ministry.

Directee Signature: _____ Date: _____

Director Signature: _____ Date: _____